

## Appendix A. School District Policy Development Progress

| <b>School District</b>      | <b>Policy Development Progress</b>   |
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| <b>5 East Kootenays</b>     | District-wide survey on draft “Healthy Schools” policy from Food/Nutrition Policy Steering committee; individual schools are to develop and adopt healthy school policies and practices throughout the next school year (shared through school handbooks); during the 07/08 school year school guidelines are to be phased in with complete compliance by the end of 08; education to students re nutrition and healthy living; revised district policy was passed by the board June 06; involvement with student-led action grants and healthy change initiatives   |
| <b>6 Rocky Mountain</b>     | District policy now in place and passed by board; complete compliance of schools with policy and guidelines by Sept. 2007; individual schools involved with student-led action grants and taking initiative for healthy change – most schools are already meeting the policy and guidelines  |
| <b>8 Kootenays</b>          | Board is in process of developing policy; all school PACs and DPAC discussed and identified nutrition policy for next year's agenda; motion passed from school board “that the district set direction related to implementation of the Guidelines for Food and Beverage Sales in B.C. Schools in order to support schools in implementation of the Guidelines.”  |
| <b>10 Arrow Lakes</b>       | District activities this year are unknown  |
| <b>19 Revelstoke</b>        | Student forum was held in November with representation from 2 school districts; district policies in place; school did a student survey and made presentations to the district board and received student-led action grant; interest at individual elementary schools as well  |
| <b>20 Kootenay/Columbia</b> | Healthy Lifestyles Committee in place with keen students involved, terms of reference developed; school survey and board presentation planned; sub-committee working on a district policy  |
| <b>22 Vernon</b>            | District policy in place and working on updates to better reflect new guidelines, food security and use of local foods/businesses; many individual schools working on policy; some schools received student-led action grants; Healthy Fundraising Workshop held for district schools; presentation held for community on “Raising Healthy Kids;” DPAC Healthy Living Committee and website set up; interest in furthering work through Act Now funding proposal   |
| <b>23 Kelowna</b>           | District has adopted a “Health Promoting Schools Policy” ( <a href="http://www.sd23.bc.ca/policyhandbook/policies/423.pdf">www.sd23.bc.ca/policyhandbook/policies/423.pdf</a> ) which aligns with provincial school food sales guidelines; “Best Practices” for nutrition breaks have been developed which include having morning snack times, at least 20 minutes for lunch eating, washing hands before lunch, and a play time before lunch for elementary schools; district committee has been renamed “Health Promoting Schools Committee” with a broader mandate than nutrition alone; an inventory for vending machine foods was developed, scored against provincial guidelines and approved; individual schools participated in student-led action grant initiatives |
| <b>27 Williams Lake</b>     | Healthy Schools and Community Committee in place which has met 3 times; has representation from community and schools; working on visioning process for district policy; examples of policy were requested by trustees; many individual schools involved with policy development, making healthy changes and student-led action grants   |

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| <b>51 Boundary</b>                  | Interest from individual schools for policy and student-led action grants; district activities unknown  |
| <b>53 Okanagan/<br/>Similkameen</b> | Individual schools are working on healthy eating initiatives; many schools attended the forum held in Penticton and received student-led action grants; district activities are unknown   |
| <b>58 Nicola/Similkamen</b>         | District activities this year to report on are unknown, however there is interest at the individual school level; an article was written for the BCTF magazine by Kathryn Johnson of Merrit Secondary School regarding nutrition education for students, junk food and guidelines, implementation of healthy living into the broader curriculum   |
| <b>67 Penticton</b>                 | Received Community Action for Health grant to help support formation of a steering committee to support development of a report outlining guidelines re policy and to draft a policy; guidelines in the report have been passed by board; next step is to draft policy; many schools are already working on creating supportive environments for healthy eating; secondary schools attended a Healthy Eating Student Forum held in Penticton and received student-led action grants |
| <b>73 Kamloops</b>                  | All schools have nutrition policies in place, following the district policy; implementation has begun; a study is being completed re the barriers and successes of school food policy implementation; a full-time Healthy Schools coordinator has been hired to help with implementation and active living plans  |
| <b>74 Gold Trail</b>                | Draft district policy presented at June board meeting; policy has several components of which nutrition and physical activity are the first to be addressed; planning implementation for the next school year; board and staff eager to move forward; individual school involvement with healthy change initiatives, policy and student-led action grants   |
| <b>83 Shuswap</b>                   | Two information sessions were held at schools, with representation from school staff, students and parents, re policy development and implementation ideas, successes in other schools, as well as student-led action grants; district policy in place; many individual schools making changes and received student-led action grants   |